

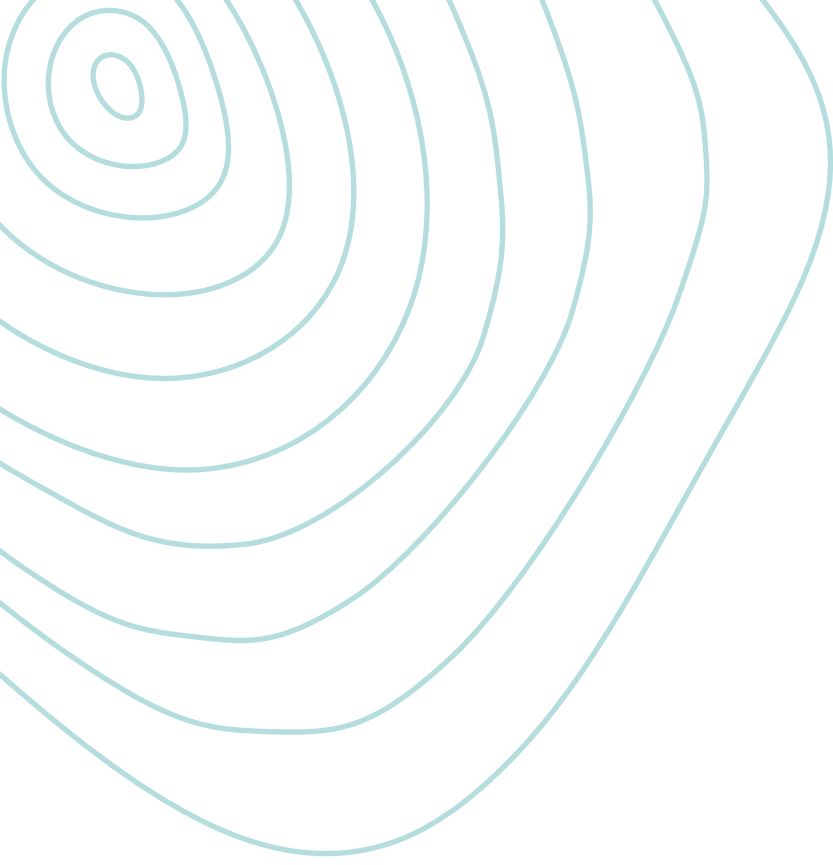
TEVINI
NATURAL SPA

EN



TEAM DR J...

DOLOMITES CHARMING HOTEL



EARLY BOOKING

To ensure your chosen treatments are available at your preferred time, our advice is to book your appointments at the same time as you book your holiday.

ADVICE

If you need help choosing your massages, talk to our professional wellness team. They will be able to recommend the best treatments to meet your needs.

JUST RELAX

We recommend that you arrive 5 minutes before your massage, wearing a bathrobe and slippers. Please remember to bring a towel and remove any jewellery. One of our masseurs will accompany you to the treatment room.

CANCELLATION

If you are late for your appointment or unable to turn up, you will be charged 50% of the treatment price.

YOU MAY PURCHASE EVERY SINGLE PRODUCT WE USE

Please ask us the correct way of using the products at home.

WELCOME TO TEVINI NATURAL SPA

We will make you experience unique emotions and sensations, in an oasis where the aromas that fluctuate in the air, combined with the perfect music, will create for you the most relaxing place.

OUR SIGNATURE COSMETICS

We have created an exclusive line of products signed Tevini with Alpine herbs and Fir honeydew. Natural products of high quality, to the union of nature and innovation, with antioxidants, regenerating and hydrating. These have been studied to fight skin ageing, as well as respecting the physiological natural process. A synergy between experimentation and nature, with accurate attention to the environment sustainability thanks to the newest biotechnology.

Mountain, nature and wellbeing: this is Tevini lifestyle

DOES NOT INCLUDE Colourants, Mineral Oil, Parabens and Isothiazolinones, Silicones, SLES/SLS, PEG.







TEVINI

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FACE TREATMENTS



TEVINI INTENSIVE FACE TREATMENT

€ 95,00

80 minutes

Inspired to the mountain wild herbs, this treatment is for a more mature skin, which helps enriching and revitalizing it.

FACE MASSAGE KOBIDO

€ 55,00

25 minutes

One of the most common massage-techniques in the East. A deep lymphatic drainage that gives the skin an anti-aging effect. The face will look relieved and refreshed.

CATIOVITAL DOUBLE IONISATION

€ 95,00

80 minutes

This personalised beauty treatment cleanses and nurtures the skin in depth.

An exclusive method enables effective active ingredients to reach deep into the skin.

It provides each skin type with tailored care by acting on 4 different levels:

- Thermic effect – to cleanse the skin in depth
- Ionic effect – to facilitate absorption of the active ingredients
- Relaxing effect – a massage performed with essential oils for pure relaxation

The treatment is rounded off by a face mask chosen according to skin type.





DETOX FACE TREATMENT

€ 70,00

50 minutes

€ 90,00

80 minutes

In-depth cleansing specific to your skin type. For a visibly fresher complexion and vital radiance.

EXPRESS EYE CONTOUR LIFTING TREATMENT

€ 55,00

25 minutes

A lifting treatment for an awake and toned up eye contour. Lifting massage with Gua-Sha, a particular treatment for eyes and lips. It is ideal for wrinkles, tiredness and swelling around the eyes, and it guarantees a vigorous eye contour.

VISAGE

€ 135,00

We have created a set of specific treatments to completely renew and restore the skin on the face, making it plumper, brighter and more elastic:

- Catiovital double ionisation
- Face Massage Kobido



BODY TREATMENTS



TEVINI BODY TREATMENT

€ 95,00

80 minutes

A solution aimed at counteracting skin relaxation and loss tone given by the weakening of cellular cohesion

SILHOUETTE

€ 95,00

80 minutes

This treatment aims at cellulite issue. An initial exfoliation followed by a compress based on seaweed and combined with a massage technique, all together they stimulate the connective tissue, reactivate the microcirculation, and improve the cellulite issue.

SCRUB & RIGENERATION

€ 80,00

50 minutes

A treatment studied to regenerate and revitalize the skin. A depurative peeling followed by a massage that nourishes in depth which makes the skin bright.





ABDOMINAL SHAPING TREATMENT

€ 70,00

50 minutes

Ideal treatment to define and detox the abdominal area. Initial brushing to help lymphatic drainage and the cell renewal. Detoxing and deflating compress with a final remodeling and invigorating abdominal massage.

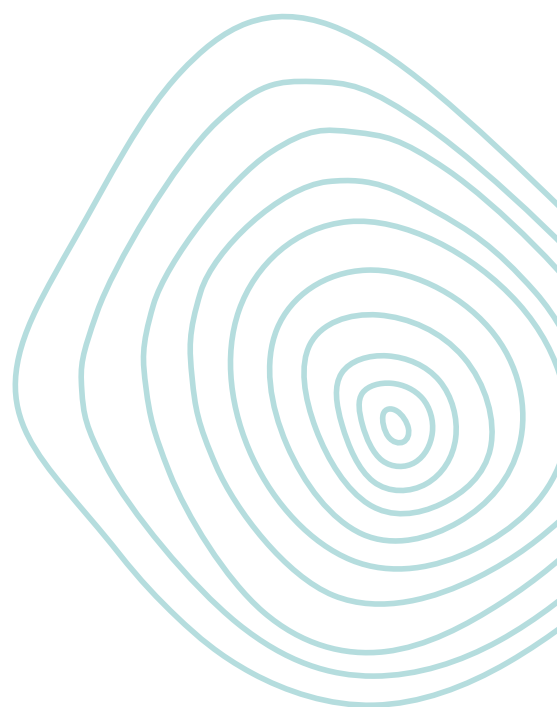
SNELL PROGRAM

€ 135,00

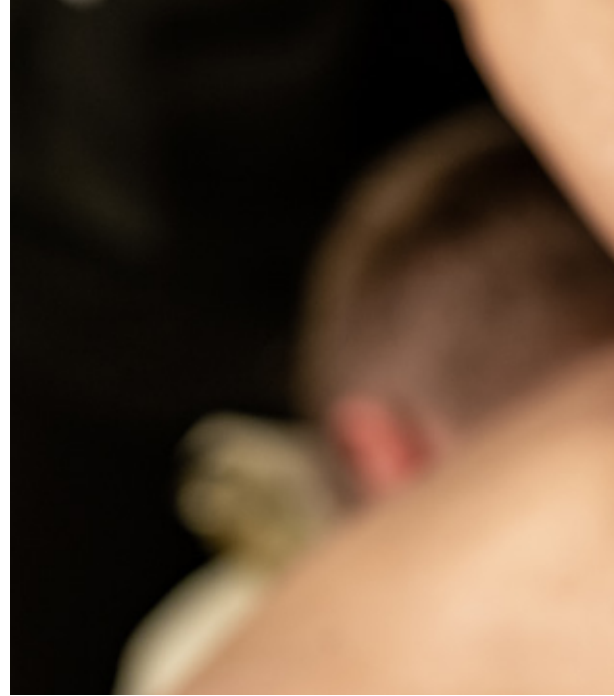
We have created a palette of targeted treatments for a tighter, reshaped body:

- Scrub & regeneration
- Toning massage

We recommend applying a suitable cream at home to maintain and prolong result.



SPECIAL MASSAGES



TEVINI EXCLUSIVE RELAX MASSAGE

€ 80,00 50 minutes

A personalized, relaxing massage-technique to stimulate the nervous and the neuromuscular systems, and to take the body and mind to a deep relaxing state.

DYNAMIC BACK MASSAGE

€ 80,00 50 minutes

Restorative and personalised. Natural arnica oils for optimal results. The unique combination of manual massage, cupping and Tibetan bells helps to relieve tension and improves the flexibility of the spine.

DYNAMIC FEET AND LEGS MASSAGE

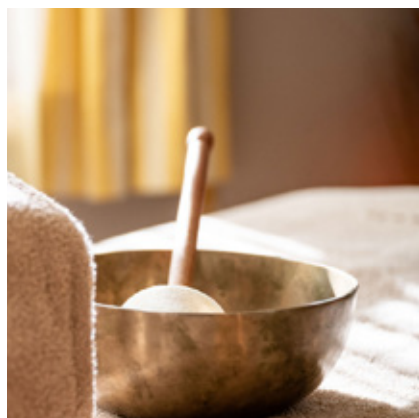
€ 60,00 40 minutes

A revitalising massage that soothes and relaxes tired legs. The energising effect with a touch of freshness actively supports the feet and legs.

DYNAMIC HEAD, NECK AND SHOULDER MASSAGE

€ 60,00 40 minutes

A special massage that awakens the senses, relieves tension, stimulates microcirculation and strengthens the targeted areas. A soothing treatment with a deeply relaxing action with the help of warm basalt rods.





HERBAL COMPRESS MASSAGE

€ 80,00

50 minutes

An energising massage that helps to regenerate the muscles, reduces stress and boosts vitality. The warm herbal compresses are applied all over the body with a gentle pressure massage to improve circulation and stimulate metabolism.

VITAL STONE MASSAGE

€ 80,00

50 minutes

€ 110,00

80 minutes

The power of warm basalt stone for the harmony of the body and mind. A synergy of essential oils stimulates the lymphatic system to improve body detoxification. This massage gets positive energy flowing by stimulating all 7 chakra points.

EASTERN MASSAGES



SHIROABHYANGAM

€ 100,00 50 minutes

Ayurveda origin face and head massage.

The oil flows slowly, uniformly and continuously over the forehead, stimulating the energy center of the sixth chakra and rebalancing the doshas.

The body relaxes deeply, the mind empties.

Increases the level of prana and releases intuition.

AYURVEDA ABHYANGAM MASSAGE

€ 80,00 50 minutes
€ 120,00 80 minutes

Since ancient times, Ayurveda massage has been the favourite massage technique to reinvigorate body and mind. This practice fits to everyone as it analyses the needs of each body, by simply touching it. Then, it goes in depth to loosen nodes, not only of the body, but also of the mind.

This special treatment stimulates body awareness and gives a strong feeling of joy. This massage is performed according to a special

MARMABHYANGAM

€ 80,00 50 minutes

Massage from Ayurveda origin, stimulation of the 107 marma points or vital points.

Marma is a Sanskrit word meaning hidden or secret.

The marma points are the main seat of the life force, the manual skill stimulates the organs and body systems, rebalancing the immune system and vital energy; restores normal energy flow by bringing the doshas back into balance.

technique that targets the 7 energy points using a blend of pure oils and gems that have a deeply relaxing and rebalancing effect.

CHAKRA ENERGY MASSAGE

€ 80,00 50 minutes



MASSAGES

LYMPHATIC DRAINAGE MASSAGE

€ 70,00 50 minutes
€ 110,00 80 minutes

Slow movements to facilitate drainage of excess fluids from body tissues, for a pleasant sense of lightness.

RELAXING MASSAGE

€ 70,00 50 minutes

This effective, traditional massage relies on slow, gentle manual manoeuvres to relieve psychophysical stress and improve general well-being. A multisensory gesture of self-care that brings balance to your muscles and soothes your soul.

PLANTAR MASSAGE

€ 40,00 25 minutes

A combination of acupressure and energy work with warm basalt sticks. This massage reflects on the organs of the whole body and strengthens the immune system.

DECONTRACTING SPORT MASSAGE

€ 80,00 50 minutes

This massage targets the muscles, loosening deep-set, persistent tensions. Muscle tone improves and the body is revitalised. Alpine arnica has a stimulating effect on the whole body.

PARTIAL MASSAGE LEGS OR BACK AND NECK

€ 40,00 25 minutes

A deep moment of well-being and psychophysical regeneration focused on a specific part of the body, losing oneself in the pleasant rhythm of the hands which dance silently



FOR COUPLES



HAMMAM RITUAL

€ 200,00 per couple 80 minutes

From the Middle Eastern tradition comes a ritual dedicated to deep cleansing of the skin, indicated for detoxifying and relieving tension in the body. It starts with the exfoliation using black soap and the “Kassa” glove, followed by the steam bath and finishing with a massage with pure Argan oil.

A couple’s cuddle that will make the skin brighter and softer to the touch.

ME & YOU

€ 210,00 per couple 120 minutes

An experience of pure relaxation to share, for the well-being of the body and mind.

- Relaxing massage
- A divine toast with local sparkling wine, in a warm firelit atmosphere.

WELLNESS LOVE

€ 215,00 per couple 120 minutes

Unforgettable moments in an exclusive oasis of wellness with private pool.

- Head, neck, and shoulder massage for her
- Dynamic feet and legs massage for him
- Exclusive relax in private Spa with fresh fruit and a nice glass of local sparkling wine.





SWEET MOMENTS

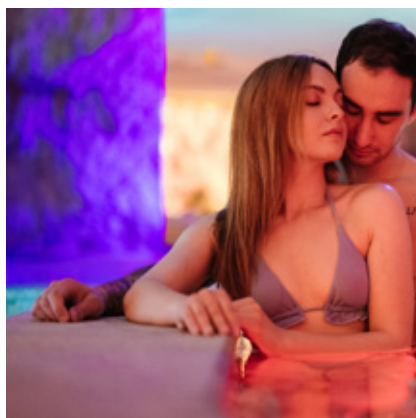
€ 90,00 per couple 60 minutes

€ 160,00 per couple 120 minutes

Access to the Private Spa for two, with fresh fruit and a glass of local sparkling wine, served in a warm firelit atmosphere.

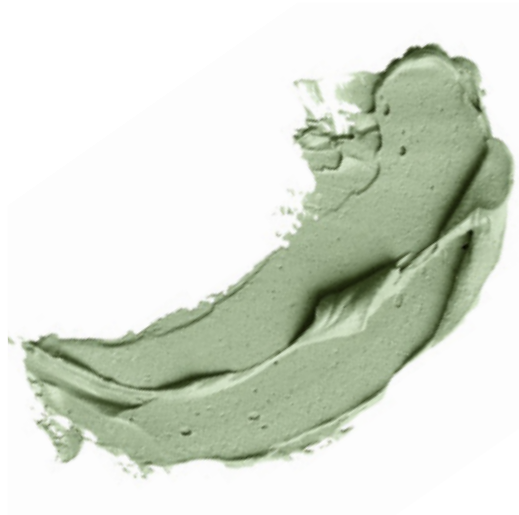
Escape the daily bustle, take time for yourselves and give in to indulgence.

Let us tempt you to unique wellness experiences that will make your holiday even more extraordinary.





BODY COMPRESS ON WARM SOFT PACK BED



HYALURONIC

€ 65,00

45 minutes

The protective effects of apple and rose hip extracts, combined with the natural hydration provided by hyaluronic acid, give the skin new vitality and freshness.

SPORT

€ 65,00

45 minutes

Arnica plant e hypericum flower extracts soothe tension and revitalise muscles.

DETOX

€ 65,00

45 minutes

Alpine mud enriched with powerful natural essential oils improves blood circulation and stimulates metabolism with a decongestant effect on the connective tissue.

BODY PEELING

€ 40,00

25 minutes

A body peeling before other wellness treatments enhances the skin's receptiveness to products.

BODY SOLARIUM

A unique solarium that taps into a new technology to give you a golden tan while also protecting your skin's health.

It stimulates the natural collagen production and counters skin ageing by enhancing and maintaining the results of anti-age face and body treatments.

Solarium

€ 15,00



BEAUTY

Manicure

€ 35,00

Manicure + permanent nail polish

€ 40,00

Pedicure

€ 45,00

Pedicure + permanent nail polish

€ 50,00

Small body areas epilation

from € 15,00 to € 25,00

Total leg epilation

€ 40,00

Partial leg epilation

€ 20,00



TEENAGER (9-17 YEARS OLD)

Even teenagers' skin deserves special care...
very delicate and perfumed!



RELAXING MASSAGE

€ 55,00 40 minutes

With hydrating perfumed
essential oils

HYDRATING COMPRESS ON SOFT PACK BED

€ 40,00 25 minutes

Deep hydration and nourishment

MANICURE

€ 30,00 30 minutes

Hand care and nail polish
application

FACE TREATMENT

€ 55,00 40 minutes

Peeling, massage and mask

BODY PEELING

€ 40,00 25 minutes

Brightening skin exfoliation

EXPECTANT MOTHERS

During pregnancy, treatments need to be chosen with care. There are specific treatments for each stage of pregnancy. The first trimester, the more delicate one, requires extra care when targeting the spinal and abdominal regions.



We would suggest relaxing in the swimming pool and various wellness areas.

In the following months, treatments are mainly performed in the spinal area with the woman lying on her side. Only caresses are allowed in the abdominal area. We recommend relaxing in the swimming pool and wellness areas and taking short bio-sauna sessions of a few minutes each, alternating with lukewarm/cold showers on the legs.

In the last months we suggest undergoing treatments in a seated or supine position, alternating treatments with breathing exercises. We would suggest relaxing in the swimming pool and various wellness areas.

It is very important for expectant mothers to take good care of their body.

Suggested treatments:

- Plantar massage
- Face treatments
- Feet and hands treatments
- Sweet moments (couples)

CHILDBIRTH IS THE ONLY BLIND DATE
WHERE YOU FEEL CONFIDENT THAT YOU'LL
FIND THE LOVE OF YOUR LIFE.
TAKE CARE OF YOUR BODY TO BE READY
FOR IT!

SYNERGY OF MESSAGES



BALANCE

€ 130,00

- Chakra energy massage
- Massage to the head, neck and shoulders

ENERGY

€ 120,00

- Dynamic back massage
- Kobido face massage

VITALITY

€ 145,00

- Vitalstone massage
- Herbal compress massage

RELAXATION

€ 145,00

- Plantar massage
- Dynamic feet and legs massage
- Relaxing massage

HARMONY

€ 280,00

- Tevini exclusive relax massage
- Relaxing massage
- Chakra energy massage
- Herbal compress massage

SPECIAL PROGRAMS



ANTI AGE

€ 190,00

- Hyaluronic acid body pack (nourishing and moisturising compress for new skin)
- Coconut massage (with moisturising and refreshing oil)
- Face treatment detox

FOR MEN

€ 195,00

- Face treatment purifying
- Body pack loosening and relaxing for muscles
- Loosening and relaxing muscles massage

FOR LADIES

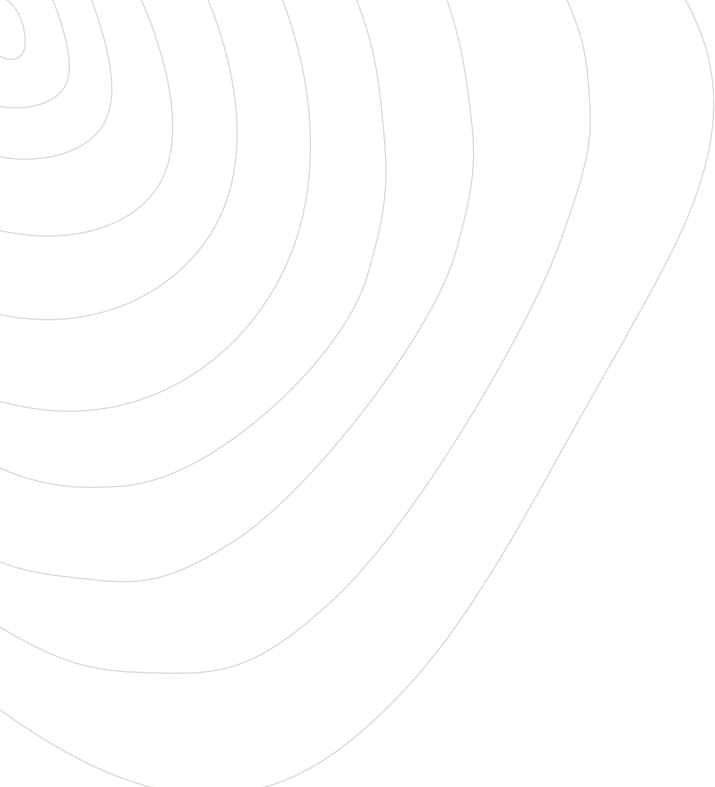
€ 165,00

- Catiovital face treatment
- Coconut massage
- Solarium body treatment with collagen and melanin activator

FIRMING

€ 135,00

- Face massage Kobido
- Tevini body treatment



USEFUL ADVICE

Access to the Tevini Natural spa is only permitted when wearing the bathrobes, towels and slippers provided in your room.

Access to the Wellness and Relax area (sauna area – lower floor) is reserved for guests aged 18 years and over.

For health and safety reasons, it is important that you always wear slippers when moving from one area to another.

It is not permitted to wear them in the sauna rooms.

Please respect your fellow spa users by maintaining a low voice.

We recommend following the instructions and advice provided by our qualified staff and to take notice of the signs displayed in the various spa areas.

SAUNE DRESSCODE

Our saunas are nudist areas and can therefore be accessed only without wearing bathing suits.

A towel may be used to protect your modesty.

The entire sauna area is only accessible wearing bathing slippers.

Please avoid using slippers and bathrobes in the steam bath and saunas.

*This is Tevini
lifestyle*



TEVINI

DOLOMITES CHARMING HOTEL

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